

Application: ACTIVE DUTY FAMILY MEMBER (ADFM)

**TRICARE Dental Program/ MetLife**  
Web Site: <https://www.Tricare.mil/dental/TDP.aspx>  
Enrollment: <http://www.tricare.mil/Dental/TDP/Enrollment.aspx>  
Questions: 1-855-638-8371

Ensure soldiers AD orders are in DEERS. **Application must be received by MetLife by the 20<sup>th</sup> of the month to be effective the 1<sup>st</sup> of the following month.** Put off routine care till the first of the month.

Family members may use any dentist, however network dentists are cheaper. Call 1-855-638-8371, **NOT the dentist**, to validate your provider is in the network.

Make an appt. w/the dentist – at least 3 weeks out.

Call MetLife to verify enrollment. Review benefits coverage and preauthorization guidance on the web.

Go to the appointment